

# ANIMALS AND OILS:

WHAT YOU NEED TO KNOW

## GENERAL DO'S AND DON'TS

### DO

- Dilute heavily with a carrier oil or water
- Start small and use in moderation
- Observe how the animal responds
- Care for each animal differently

### DON'T

- Use oils near animal's eyes, mouth, nose, or sensitive areas
- Use "hot" oils such as Wintergreen and Peppermint
- Use high phenol oils such as Oregano, Clove, Wintergreen, and Thyme

## GUIDELINES FOR SPECIFIC ANIMALS

### CATS

- Start with 1 drop oil to 4 parts carrier oil
- Avoid citrus oils
- Apply to paws
- Wear or diffuse near animal to acclimate them

### DOGS

- Start with 1–5 drops, depending on size of dog
- Dilute at least 75 percent
- Avoid using with puppies
- Wear or diffuse near animal to acclimate them
- Do not administer internally
- Apply to paws

### FISH

- Don't put oils in tank water
- Diffuse only around a closed, filtered tank

### BIRDS

- Use extreme caution
- Dilute oils well
- Use a toothpick to measure oil
- Don't diffuse near animal

### REPTILES

and Amphibians

- Don't diffuse near animal
- Avoid tree and citrus oils
- Dilute oils with coconut oil
- Keep application area small
- Use a toothpick to measure oil

### HORSES

(and other large animals)

- Start with 10 drops
- Don't dilute unless otherwise indicated
- Place directly under lip of large animals
- Mix with water in a spray bottle for easy application